

December 5, 2020



LLANO COUNTY INFO.

[WWW.CO.LLANO.TX.US](http://www.co.llano.tx.us)

Corona Virus (COVID-19)

FREE TESTING—MUST HAVE AN APPOINTMENT

Hospitals & Clinics:

(Please call before arriving)

- **Baylor Scott & White Hospital Llano** 325-248-2100
- **HCM Immediate Care Clinic Llano** 325-247-9355
- **BS&W Hoerster Clinic Llano** 325-248-2000
- **Baylor Scott & White Clinic Kingsland** 325-388-9400
- **Seton Healthcare Center Kingsland** 512-715-3118
- **Hill Country Direct Care Llano** 325-248-6309
- **Baylor Scott & White Clinic Horseshoe Bay** 830-596-6900
- **Lake Area Specialty Clinic Horseshoe Bay** 830-596-2198

Email: covid@hillcountrydirectcare.com

Local Health Authority
 Dr. Jack Franklin's
 904 Ford Street
 Llano, Texas 78643
 Phone: 325.216.9641

Horseshoe Bay Fire Department
 1 Community Drive
 Horseshoe Bay, Texas 78657
 Phone: 325.216.9641

Seton Ascension
 Dr. Leifeste's Office
 525 Ranch Road 2900
 Kingsland, Texas 78639
 Phone: 512.715.3106

Dr. Madrigal
 105 Meadowlakes Drive
 Meadowlakes, Texas 78654
 Phone: 830.693.0555

According to new CDC guidelines released on Wednesday, December 2, 2020, the quarantine period for COVID exposure has been updated:

- * As of December 3, 2020, the length of quarantine has been reduced to 10 days as long as no symptoms are exhibited.
- * A person may choose to test at days 5-7, and will be released from quarantine at day 7 with a negative result and a note from their physician.

The new guidelines do not change the protocol for individuals who test positive for the virus.

NEED HELP? WANT TO HELP?

If you are a Llano County resident and are in need of food, toiletries, household essentials, etc. or if you would like to donate any of these items or to volunteer, please contact:

Highland Lakes Crisis Center:

Request for Help, Volunteer, or Donate
www.highlandlakescrisisnetwork.com/
 Phone: 325-423-3662

Hill Country Community Action

Rental/Mortgage Assistance,
 Food-Utility-Transportation Assistance,
 Childcare Expenses, Internet Assistance, &
 Medical Prescriptions
<http://hccaa.com/>
 Phone: 325.247.4662

Preventative Measures:

- Wash hands often for 20 seconds and encourage others to do the same.
- If no soap and water are available, use hand sanitizer with at least 60% alcohol.
- Cover coughs and sneezes with a tissue, then throw the tissue away.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Disinfect surfaces, buttons, handles, knobs, and other places touched often.
- Avoid close contact with people who are sick.
- Cancel gatherings of ten (10) or more people.
- Minimize discretionary travel, shopping trips and social visits.
- Minimize visiting nursing homes, retirement, or long-term care facilities, unless to provide critical assistance.
- Consider offering video/audio of events.
- Determine ways to continue providing support services to individuals at increased risk of severe disease while limiting group settings and exposures. (Meals on Wheels, and other home services)
- USE WISDOM AND COMMON SENSE.

For the latest updates: www.co.llano.tx.us